

October 7-8

Beauty, Health & Fitness

Nearly 150 image-enhancement companies are expected to participate in this expo, with beauty and health experts offering advice on cutting-edge technologies, fitness training, nutrition and beauty secrets. 10 a.m.-5 p.m. \$4. Phoenix Civic Plaza, 111 N. Third St., Phoenix, beautyandhealthshow.com, 602-262-7272.

October 7-8

Native American Days

Celebrate Native American culture through traditional song and dance, family activities and artist demonstrations. 10 a.m.-3 p.m. \$10, adults; \$9, seniors; \$5, students 13-18; and \$4, children 3-12. Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix, dbg.org, 480-941-1225.

October 7-8

Sedona Arts Festival

This cultural celebration features fine arts and crafts, cuisine from Sedona's finest restaurants, continuous entertainment and children's activities. 10 a.m.-5 p.m. \$7, adults; free, children 11 and younger. Sedona Red Rock High School, 995 Upper Red Rock Loop Rd., Sedona, sedonaartsfestival.org, 928-204-9456.

October 8

Race for the Cure

The Susan G. Komen Breast Cancer Foundation hosts this popular fundraiser, which includes a 1-mile family fun run/walk, 5K walk, and competitive and non-competitive 5K run, followed by a "Parade of Pink" survivor celebration. 6:30 a.m. Call for entry fees and specific Downtown Phoenix location, komenphx.org, 602-544-CURE.

October 12-15

Film Festival

See more than 60 films, including shorts, documentaries, features and student films made by and about indigenous people, plus take part in panel discussions with the filmmakers and actors. All screenings will be held at Harkins Valley Art and Harkins Centerpoint 11 on Mill Ave. in Tempe, with select screenings and discussions at Heard Museum, 2301 N. Central Ave., Phoenix. Call for times and ticket prices, heard.org, 602-252-8840.

October 13-15

Baklava & Ouzo

Enjoy a weekend of Greek music, dancing, food, drinks, art and children's activities at the 46th-annual Greater Phoenix Greek Festival. F, 5 p.m.-11 p.m.; Sa, 11 a.m.-11 p.m.; Su, 11 a.m.-8 p.m. \$2, adults; free, children 11 and younger. James A. Speros Community Center, 1973 E. Maryland Ave., Phoenix, 602-264-2791.

October 14

Celebrity Dance Challenge

Al Molina, Michael Carbajal, Blaise Lantana and other local celebrities compete in solo and group dance competition as The New Foundation hosts The Arizona Celebrity Dance Challenge. The event includes a three-course gourmet meal, silent auction and live entertainment. 6 p.m.-12:30 a.m. \$150. The Ritz-Carlton, 2401 E. Camelback Rd., Phoenix, thenewfoundation.org, 480-945-3302, ext. 152.

October 14

Children's Museum Gala

Travel Around the World is the theme of this family event, which features food and activities from a

Farmers' Markets

Fresh local produce and imported exotic fruits, fresh-cut flowers, and wines by the glass, bottle or case are featured at farmers' markets throughout the Valley.

Ahwatukee Farmers' Market

Su, beginning Oct. 8, 11 a.m.-3 p.m., Ahwatukee Swim and Tennis Center, 4700 E. Warner Rd., Phoenix, 623-848-1234.

Carefree Farmers' Market

F, 9 a.m.-1 p.m., Easy St. and Ho Hum Way, Carefree, 623-848-1234.

Cave Creek Market at The Roadhouse

Sa, 9 a.m.-noon, 6900 E. Cave Creek Rd., Cave Creek, 480-585-8639.

Chandler Farmers' Market

Th, 3 p.m.-6 p.m., Chandler Blvd. and Arizona Ave., Chandler, 480-782-3045.

Downtown Phoenix Public Market

Sa, 8 a.m.-1 p.m., 721 N. Central Ave., Phoenix, 602-493-5231.

Estrella Mountain Ranch

Oct. 21, 10 a.m.-2 p.m., Estrella Mountain Ranch Yacht Club, 10300 S. Estrella Pkwy., Goodyear, 623-386-1000.

Fountain Hills Nocturnal Farmer & Crafts Market

Th, beginning Oct. 26, 3 p.m.-7 p.m., Avenue of the Fountains, Fountain Hills, 480-585-8639.

Market on Main St.

Sa, beginning Oct. 21, 9 a.m.-2 p.m., Main and MacDonald streets, Mesa, 623-848-1234.

Maya's at The Farm

Sa, beginning Oct. 14, 9 a.m.-1 p.m., The Farm at South Mountain, 6106 S. 32nd St., Phoenix, 602-276-3056.

Mesa Community Farmers' Market

F, 9 a.m.-noon, Rendezvous Center, 263 N. Center St., Mesa, 623-848-1234.

Scottsdale Market at

Cactus Gardens Nursery

Tu, 10 a.m.-2 p.m., 25601 N. Scottsdale Rd., Scottsdale, 480-585-8639.

St. Mary's Westside

Food Bank Alliance

Tu, 8:30 a.m.-noon, 4211 N. 43rd Ave., Phoenix, 623-848-1234.

Town & Country Farmers' Market

W, 10 a.m.-2 p.m., 2021 E. Camelback Rd., Phoenix, 602-955-6850.

variety of locales, plus a silent auction. Proceeds will help build a permanent children's museum to open next year. 4 p.m.-8 p.m. \$250, adults; \$85, children. Cutter Aviation Hangar, Sky Harbor Airport, 2802 E. Old Tower Rd., Phoenix, 602-253-0501.

October 14

CopaBall

Maricopa Heath Foundation hosts this third-annual dinner gala with silent auction. 6 p.m. \$250. Camelback Inn, 5402 E. Lincoln Dr., Paradise Valley, 602-344-1818.

October 14-15

All Aboard!

Model train displays and exhibits highlight Railfair 2006, along with moon bounces and other entertainment. 10 a.m.-5 p.m. Free. McCormick Stillman Railroad Park, 7301 E. Indian Bend Rd., Scottsdale, 480-312-2312.

October 14-15

Fall Plant Sale

Guests enjoy a one-stop shopping experience for arid-adapted plants, plus planting and growing advice from garden horticulturists, volunteers and professional landscape designers. Sa, 7 a.m.-5 p.m.; Su, 9 a.m.-5 p.m. Free. Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix, dbg.org, 480-941-1225.

October 14, 20

Light the Night Walk

Walkers carry illuminated balloons to celebrate and commemorate lives touched by cancer as The Leukemia & Lymphoma Society hosts this annual fundraiser. 6 a.m. Donations accepted. M, Tempe Town Lake, 620 N. Mill Ave., Tempe; Su, Sahuaro Ranch Park, 9802 N. 59th Ave., Glendale, lightthenight.org/site, 602-788-8622.

October 18

Brophy Fashion Show

Neiman Marcus presents the Akris Spring 2007 Collection at the Brophy College Preparatory Mothers' Guild Fashion Show, which benefits the school's financial aid fund. 10:30 a.m. \$75-\$250. The Phoenician Resort, 6000 E. Camelback Rd., Scottsdale, 602-315-0032.

October 19

Off the Vine

Hospice of the Valley hosts its popular vintage wine auction. 6 p.m.-9 p.m. \$150. Royal Palms Resort & Spa, 5200 E. Camelback Rd., Phoenix, hospiceofthevalley.org, 602-636-6380.

October 19

Walk This Way

Scottsdale Gallery Association presents its 17th-annual Western ArtWalk in conjunction with the Cowboy Artists of America show, with artist demonstrations, gallery show openings and live music. 7 p.m.-9 p.m. Free. Downtown Scottsdale, scottsdalegalleries.com, 480-990-3939.

October 20

Empty Bowls Project

Guests are invited to choose a bowl made by members of Sonoran Arts League, enjoy lunch donated by Carefree Resort and Villas and served in the bowl, and then keep the bowl as a reminder that there are always some whose bowls are empty every day. Proceeds benefit Foothills Food Bank and Resource Center. 11 a.m.-1:30 p.m. \$10. Carefree Town Center, Easy St. and Hum Dr., Carefree, 480-488-6070.